



College Communiqué

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- SCHOOL OF NURSING &
MIDWIFERY CONTINUING
PROFESSIONAL DEVELOPMENT
COURSE OVERVIEW JANUARY –
MARCH 2012**

EMAIL LISTING

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Chairperson's Letter

Dear Members,

Welcome to the December issue of *College Communiqué*.

As the year comes to a close, I have reflected on where we have come from in three years. There have been significant gains in becoming a single national Organisation. There are four areas where being a national Organisation has helped the cause of children and young people's nurses and children and young people. These areas are the ability to have a paid Secretariat which supports our Organisation to be dynamic and responsive. Second area is the number of documents we are asked to comment on in relation to children and young people's health care. There have been six opportunities this calendar year. The third area is Professional Development. We have had the opportunity to expand what is offered to include in virtual presentations. Finally, we have been able to create some National Scholarships.

ACCYPN has just held a very successful Professional Development and networking Conference and thanks go to Pam O'Nions and the Conference Committee and MCI for delivering this Conference. The numbers attending the Conference were less than hoped for but we recognise that it is increasingly difficult for professionals to obtain funding support and also to be supported in taking leave to attend Conferences.

To ensure more people have access to sessions from the Conference, ACCYPN has developed webcasts of many of the presentations (visit <http://www.accypn.org.au/pd/online-learning/> for an example webcast). Creating this virtual program is one of ACCYPN's solutions to provide contemporary information to a wider audience and also giving presenters the opportunity to increase dissemination of their work. ACCYPN thanks the presenters that have agreed to have their presentation included in the virtual program.

Since the program was first advertised, the size of the program has been reduced and hence the cost. Also, following feedback we have created four sessions so you can purchase subsections of the program or the whole program whatever is your choice. There is also the opportunity to purchase a corporate registration. There is an advertisement for the webcasts later in the newsletter. The Conference program is the third in our e-learning library and I encourage you to visit <http://www.accypn.org.au/pd/online-learning/> to find out more. We would encourage you to provide us feedback on your use of the webcast sessions.

Finally, the creation of National Scholarships; when the states amalgamated to create the College, many states bought with them Scholarships or Grants that were specific to members from that state. With the support of one of the major contributors to the Margaret Sullivan Fund, the Board of Directors has agreed to create two National Scholarships from the money provided by Queensland and Victoria. The only condition of the change is that the names of the Scholarships will be retained as the Margaret Sullivan Fund and Sr Dorothea Fund but the Scholarships will be open to any ACCYPN member. We are still in the process of changing the documentation and website but the information will be available in the New Year so watch this space <http://www.accypn.org.au/pd/scholarship-opportunities/>

I wish you and your families a happy and safe holiday period.

Regards,

Jan Pratt - Chairperson, Board of Directors, ACCYPN

Chapter Reports

Queensland Chapter

The Queensland Chapter is holding a Networking and Planning event on:
Wednesday 7th December 2011 5.30-7.30pm at 184 St Paul's Terrace Spring Hill.

Full details are available on ACCYPN website - <http://www.accypn.org.au/chapters/chapters/queensland/>
 If members cannot attend we would welcome input on what they would like for 2012 – info@accypn.org.au

Western Australia Chapter

Clinical Supper: "Tanzania; an experience of a life time"

A Clinical Supper was conducted in the Megazone at PMH on Tuesday 15th November. Our speaker was Pam O'Nions who gave an insight into her recent trip to Tanzania as part of the Global Health Alliance Western Australia (GHAWA) inception party. GHAWA is a unique collaborative of five WA universities and the WA Department of Health's Nursing and Midwifery Office and is committed to improving health in developing countries. Their aim is to build strategic partnerships with Tanzania to assist in meeting the Millennium Development Goals 4 & 5 to reduce child mortality and improve maternal health.

Dorothy Clarke Scholarship

The ACCYPN would like to congratulate Francine Kyte, Francine is the recipient of the 2011 Dorothy Clarke Scholarship, she has been awarded funds to enable her to attend the ACCYPN Inaugural Conference; Navigating New directions in children and young people's health care.

Pictured L-R: Francine Kyte & Pam O'Nions



Dorothy Clarke Scholarship Report – Francine Kyte

Perceptions of the Australian College of children and young people's Nurses inaugural Conference 19–21 October 2011 "Navigating New Directions in children's and young people's healthcare."

Attendance at the ACCYPN Conference allowed me to network with colleagues. Many of the great ideas from the session on research can now be applied when discussing with parents the importance of giving consent for their child to be listed on the autism register after diagnosis. The ideas from the use of a collaborative, strengths based approach using indigenous workers portrayed in the paper on Aboriginal child and family health will help me with my relationship building. Contact with an author of the paper Maternal and Child Health Key Ages and Stages Framework which applied lean thinking principles to clinical intake service redesign will be an aid for my work colleagues who are exploring a similar process. 'Lean Thinking' principals were also cleverly used in the presentation by Pam O'Nions. Pam is known to my workmates.

In the master class "researching *with*, not *on* children" Professor Philip Darbyshire explained it paid dividends to work collaboratively with children. Research is about relationship building. What is it like for children on the receiving end? To find the answers ask them to help you out by saying "I don't know this stuff here." It is most important for kids to have fun and make friends. Children as young as four can take digital photos of 'your place' or 'neighbours place.' If they are highly placed on a continuum of involvement and participation they could co-share the paper. Philip advised the following:

Ethics:

- Have a reference panel to pick up things before scrutinised by ethics committee.
- Tell ethics committee the questions you are asking are focussed but roomy. Give focus.
- Use five-six trigger questions that will get answers.
- Complete the information sheet in question and answer form in child's talk.
- Have child and guardians on-going consent.
- Have a counselling service available.

Funding:

- Have a great question and a great proposal.
- Better chances of success if the topic is a health priority. Include health reports.
- Add someone to the team who has a track record. Have as a working member and co-author.
- Make friends with consumer voice for their expertise.
- Look at charitable funding

Letting children be heard, and allowing their experience, ideas and expertise to affect their care and future planning of services to me was the core of the new direction in health care by the keynote speakers. A great example of this was the "patient experience" outlined by Philip Darbyshire and the use of a leaflet in the service where children/young people can make a comment about the service at any time while it is in their mind as suggested by Dame Elizabeth Fadd. Overarching the Conference was the theme of building relationships with the children and their families.

These ideas were discussed with multidisciplinary colleagues with the intent that they be used to improve our service for children and young people and the webcast was recommended.

New ACCYPN Board Member

Dear College Members,

I would like to reintroduce myself to you all as I am rejoining the Board of Directors after a 12 month break. My name is **Jacquie Burton** and I am currently working at the Royal Children's Hospital, Melbourne in the Paediatric Intensive Care Unit and with the Victorian Paediatric Palliative Care Program as a Liaison Nurse.

My paediatric nursing career began in 1990 at the RCH. In 1993 I completed a Bachelor of Nursing at La Trobe University and in 1994, a Post Graduate Diploma in Advanced Clinical Nursing - Paediatrics at the University of Melbourne. In 1995 I moved to the UK and worked at Great Ormond Hospital in London for eight years. For five years, I worked as a Cystic Fibrosis Nurse Consultant, developing a homecare service and completed a Leadership Program at the Royal College of Nursing in 1999. In 2004, I returned to the RCH and have worked on the Speciality Medicine Unit in the Cystic Fibrosis Service, in the Department of Urology and in Clinical Quality and Safety. I moved to the Alfred Hospital to work as the Coordinator of the Victorian Paediatric Lung Transplant Program for three years. In 2010 I returned to the RCH and began working in the PICU and completed the Nurse Immuniser Program at La Trobe University.

I began working with the Palliative Care Service in April of this year. I am currently a member of the Implementation Steering Committee for the "Strengthening of Care for Children with a Life Threatening Condition" at the Victorian Department of Health and am a member of the Allied Health Committee for the International Paediatric Transplant Association.

I was a member of the ACPCHN Vic Inc (former VPNA) from 1992, serving on the Executive Committee from 2004 and become the President of that group in 2006 until the move to the College in 2008. From 2005, I was also a member of the Executive Committee for the National ACPCHN and during its transition to the College in 2008 until last year.

I am excited to return to the Board of Directors role and am very keen to work with members from Victoria to establish a Victorian Chapter of ACCYPN.

Jacquie Burton, ACCYPN Board of Directors

Notice from the Journal Management Board

On behalf of the Journal Management Board (JMB) of the NPCHN journal, I am pleased to officially inform the members of ACCYPN that the new Associate Editor of the journal representing the Australian College of Neonatal Nurses is now Dr Victoria Kain (RN MN NICC RCNA PhD) who is currently Program Director of the Bachelor of Nursing and Honours Courses Coordinator in the School of Nursing and Midwifery at the University of Queensland. Vicki is an active member of ACNN, has research, publication, proofreading and peer reviewing experience and is currently undertaking a "Professional Editing & Proofreading" course. We welcome Vicki to the JMB, and anticipate she will be a valuable addition to the editorial team.

Yours sincerely, Trudi Mannix - Chairperson, Journal Management Board

ARACY – Research Spotlight: The impact of Domestic Violence on Children

Source: ARACY e-bulletin 4 November 2011

A literature review released last month by The Benevolent Society, *The Impact of Domestic Violence on Children* details the complex and significant implications for children who are affected by violence in their homes. The review cites numerous sources to support its claims that children who witness domestic violence experience serious psychosocial, emotional, behavioural and developmental consequences.

An Australian Institute of Criminology paper *Children's exposure to domestic violence in Australia* addresses the prevalence and impacts of domestic violence in Australia, and suggests strategies to minimise the negative effects of this violence upon children.

International research on this topic is extensive. Recent papers include an article detailing findings from a World Health Organization study on women's health and domestic violence. This paper identifies 'experiencing childhood abuse [and] growing up with domestic violence' as factors affecting intimate partner violence risk. Another article, *Longitudinal study on the effects of child abuse and children's exposure to domestic violence, parent-child attachments, and antisocial behaviour in adolescence* reports that strengthening attachments between parents and children after exposure may not be sufficient to counter the negative impact of earlier violence trauma.

Other recent research and reports:

A new youth development framework, *Good practice principles for youth development organisations* has been released. Produced as a part of the Youth Development Research Project, the framework "provides youth development practitioners, researchers and policymakers with a set of clear and user-friendly good practice principles".

The latest issue of the *Australian Social Policy Journal* includes articles addressing: young Australians and social inclusion; perceptions and experiences of cannabis use by young adults living with a mental illness, and; the relationship between life events, socioeconomic status and psychological distress in mothers of infants.

Visit the ARACY newsletter archive (http://aracy.informz.net/ARACY/archives/archive_447300.html#n145909) to access links to all the documents mentioned in this article.

Australian first for Curtin Professor of Nursing

ACCYPN congratulates and recognizes Dr Linda Shields on her recent award and contribution to paediatric nursing. Dr Shields is a life member of ACCYPN.

The following is a media release from Curtin University:

A Professor of Paediatric and Child Health Nursing at Curtin University has become the first nurse in the country to gain a Doctor of Medicine.

Professor Linda Shields (pictured right) from the School of Nursing and Midwifery will receive the highest academic award in medicine for making an exceptional, original contribution to medical science through her research that examines the relevance of family-centred care in paediatrics.

The 10-year extensive body of work includes 31 manuscripts and demonstrates that the time has come for all who work in health services for children question the widely-used model called “family-centred care” (when a child comes into a health service, care should be planned around the whole family, not just the individual child), because it does not always work, and family members are disadvantaged by having to participate in the care of their child when it may not be the best thing for them.

The research thesis was judged by national and international experts

Professor Linda Shields’ career in nursing began in 1968 as a student nurse at Princess Alexandra Hospital in Brisbane. Her academic profession commenced in 1990 in the Department of Paediatrics and Child Health at The University of Queensland, specialising in research supported by the National Health and Medical Research Council of Australia. She was the first nurse in Australia to win a PhD scholarship and then a postdoctoral fellowship from NHMRC.

Her contribution to nursing research and education has been exceptional, and she has made a difference internationally through her positions as professor at the University of Hull and the University of Limerick.

Professor Shields is the author of one book and over 100 other publications that focus on paediatrics and child health, and many more on other health-related subjects.

Debra Cerasa, Chief Executive Officer of the Royal College of Nursing, Australia, congratulated Professor Shields on her remarkable achievement.

“To have the determination and discipline to undertake research over a decade is inspiring.” Ms Cerasa said.

“Professor Shield’s outstanding reputation and contributions to the field of nursing, including her commitment to lifelong learning exemplifies the RCNA’s mission to enhance research and the promotion and recognition of professional excellence in nursing for the benefit of the health of the Australian community.”

Professor Shields will be officially presented with her higher doctorate at the University of Queensland’s graduation ceremony in December 2011.



ACCYPN Webcasts – Online Learning

ACCYPN Webcast Education Sessions are available for purchase for ACCYPN members, Non members and Corporate Registrations. ACCYPN Webcasts are recording of past events that can be purchased and then watched online or downloaded on demand.

Simply visit <http://www.accypn.org.au/pd/online-learning/> and click on the topic of interest for more information, costs and how to order. Current Webcasts available:

- *Navigating New Directions in Health Care*
Webcast Total Hours: 16 hours 11 minutes (16.18 CPD Hours)
(October 2011 - Sydney - ACCYPN Inaugural Conference)
- *Don't Get Caught Out - Health Professionals in the Courtroom*
Webcast Total Hours: 1.5 hours (1.5 CPD Hours)
(September 2011 - Brisbane, Queensland)
- *Diversity in Child Health - Bigger Better Brighter Conference*
Webcast Total Hours: 6 hours (6 CPD Hours)
(October 2010 - Townsville, Queensland)

**e-Learning for
Children & Young
People's Nurses**



ACCYPN

Australian College of Children & Young People's Nurses

Please note: Acceptance of Sponsorship for the ACCYPN newsletter does not imply ACCYPN endorsement of the Sponsors products.



Save the date

Tube Weaning

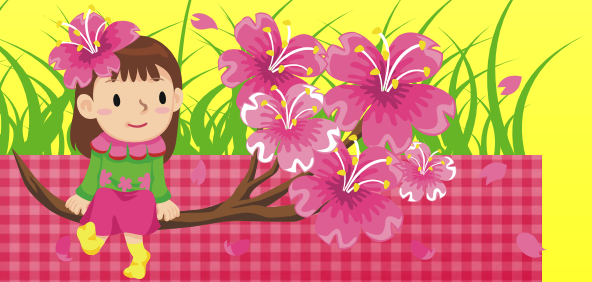
Workshop and Play-Picnic with....
Prof Marguerite Dunitz– Scheering
& Dr Peter Scheering
Graz Austria

Hosted by the Sydney Children's Hospitals Network
Westmead Campus — **Clinician Only Workshop**
Registration details to follow—limited places so be quick!

Friday, February 24th, 2012

To register your interest please contact Noella Phillips via email:

noella.phillips@health.nsw.gov.au



SCHOOL OF NURSING AND MIDWIFERY CONTINUING PROFESSIONAL DEVELOPMENT

CPD COURSE OVERVIEW JANUARY – MARCH 2012

Course title	Dates	Times	CPD hours	Cost (including GST)
Cannulation & Phlebotomy	Thursday 19 th January OR Thursday 9 th February OR Thursday 16 th February	9.00 – 4.00pm	8	\$210
Perineal Repair	Thursday 2 nd February OR Saturday 4 th February	9.00 – 4.00pm	8	\$210
Introduction to Evidence Based Health Care (One week intensive)	Monday 30 th January to Friday 3 rd February (need to attend every day)	9.00 – 2.30pm each day	20	\$495
Evidence Based Practice for Nurses and Midwives (One week intensive)	One week intensive Monday 18 to Friday 22 nd June (Need to attend every day)	9.00 – 2.30pm each day	20	\$495
Mental Health First Aid (2 day course)	(Need to attend both days) Monday 30 th January & Tuesday 31 st January OR Saturday 3 rd March & Sunday 4 th March	9.00 – 4.00pm each day	12	\$245
Clinical Teaching (one day course)	Saturday 17 th March	9.00 – 4.00pm	8	\$180
First Aid (one day course)	Thursday 19 th Jan or Saturday 21 st Jan or Thursday 9 th Feb or Saturday 11 th Feb or Thursday 16 th Feb or Saturday 18 th Feb	9.00 – 4.00pm	8	\$180
Developing and Maintaining your CPD Portfolio (3 hour Saturday course)	21 st January OR 11 th February OR 18 th February	9am-12 pm	3	\$65

On successful completion of any CPD course offered by the UQ School of Nursing and Midwifery, participants will be issued with a Certificate of Completion, which can be used to demonstrate completion and attainment of CPD hours.

CPD Courses have been endorsed by APEC number 110202001 as authorised by the Royal College of Nursing Australia according to approved criteria - see overleaf for course descriptions

Course Descriptions

Course title	Course Description
Cannulation & Phlebotomy	This course is designed to provide participants with introductory knowledge and skills required for competently performing intravenous cannulation and phlebotomy. Course participants will also have the opportunity to practice the skills under supervision.
Perineal Repair	Contact the course provider
Introduction to Evidence Based Health Care (One week intensive)	Contact the course provider
Evidence Based Practice for Nurses and Midwives (One week intensive)	This program offers an intensive opportunity for nurses, midwives and other health professional to develop foundation skills in research. It is ideal for those clinicians who are considering undertaking research projects in their practice setting or for those toying with the idea of a research higher degree. The program will assist in the development of your research skills tool kit including, finding and managing the existing evidence, the art of critique and evidence summary, exploring research methodologies, developing your research plan and honing analytical writing skills. This five-day experience will be oriented towards practical learning to support transition to research or a research career.
Mental Health First Aid (2 day course)	First Aid is the help given to an injured person before medical treatment can be obtained. Mental Health First Aid (MHFA) is the help given to someone developing a mental health problem or in a mental health crisis. The first aid is given until appropriate professional treatment is received or until the crisis resolves Content includes: Depression, Anxiety, Psychosis, Substance misuse; Suicidal thoughts & behaviours, Non-suicidal self-injury, Panic attacks, Traumatic events, Severe psychotic states, Severe effects from alcohol or other drug misuse and Aggressive behaviours. Participants will learn the signs and symptoms of these mental health problems, where and how to get help and what sort of help has been shown by research to be effective.
Clinical Teaching (one day course)	This course is designed to provide participants with the specialised knowledge and skills to confidently deliver quality teaching in a variety of clinical contexts from the acute hospital to the community setting. *Registered nurses and midwives who are currently employed by The University of Queensland or its clinical partners and are engaged in clinical teaching may be eligible to complete this course without charge.
First Aid (one day course)	First aid is the initial care of a suddenly sick or injured person. How would you respond? Would you know what to do in an emergency? This course will provide the knowledge and skills you need to respond effectively to various emergency situations such as choking, burns, bleeding, cardiac arrest and more. Feel confident in the knowledge that you could render appropriate assistance to a person in need of first aid. It also includes first aid of a birthing mother and legal considerations
Developing and Maintaining your CPD Portfolio (3 hour Saturday course)	Under National Law, which governs the operations of the Australian Health Practitioner Regulation Authority (AHPRA), all registered health practitioners must complete Continuing Professional Development (CPD) annually to maintain their professional registration. This requirement applies to all registered and enrolled nurses, registered nurses endorsed as nurse practitioners, midwives and eligible midwives, all of whom must complete a minimum of 20 hours CPD each year. This short course will demystify the requirements for participants by providing an introduction to the new national registration system and covering concepts such as what constitutes CPD; what is required for you to complete 20 hours CPD; various ways by which you can meet these requirements; the AHPRA standard for CPD; keeping a portfolio and much more.

Contact

Email: nursing-midwifery@uq.edu.au

Phone: Phone: +61 7 3381 1165 or 3346 5229

Website: www.nursing-midwifery.uq.edu.au/cpd

