

Evidence Based Record Guide

The Evidence Based Record (EBR) is a means for you to document your Continuing Professional Education (CPE) and Continuing Practice Development (CPD) relevant to children and young people's nursing.

The EBR is associated with demonstrating both Continuing Professional Education (CPE) and Continuing Practice Development (CPD) criteria.

Under this criterion you are required to provide evidence of completion of 50 hours of continuing professional development in the previous 12 months, which must include:

- at least 40 hours relating to the area of specialty
- no more than 30 hours of **education related activities**
- no more than 30 hours of **practice related activities**
- meeting any specific requirements as detailed by specialist colleges/organisations

REMEMBER:

Do not submit a handwritten EBR. (use the c4n template <http://www.c4n.com.au/#!resource-s-and-templates/ck3k>)-

- It is recommended that you keep your EBR up-to-date rather than trying to complete it at a later date.
- The EBR consists of two parts – Part 1 is for CPE and Part 2 is for CPD.
- It provides for recognition of a range of learning, practice and professional activities. Many of the activities are formal but there is also provision for informal learning and voluntary activities which contribute your ongoing professional and practice development in children

and young people's nursing.

- An activity may only be claimed once. However, it may be possible to split an activity into different components and claim each component in different categories.

The EBR uses a points system for activities for credentialing purposes.

Points are used for each activity and are generally based on the following formula: **1 point = 1 hour of direct contact learning. The following are examples to guide you:**

Education Related Activities
<ul style="list-style-type: none"> • Relevant formal study (Uni /TAFE) for example, postgraduate university study (40 points per unit studied) • Education programs run by specialist or professional nursing colleges • Attending 'in house' education, online, course, workshops, conferences, symposia • Presenting papers • Publications • Delivering formal lectures to others • Providing other education (inservice, preceptoring, assessing students) • Community support and education

Practice Related Activities
<ul style="list-style-type: none"> • Undertaking clinical supervision for self or of others (10 points for an agreement plus 1 point for each hour of clinical supervision). • Providing or receiving peer review/mentorship/preceptorship • Contribution to your area of specialist practice and/or the profession (e.g. membership of professional college, sitting on Boards and committees, reviewing documents, reviewing for refereed journals) • Conducting clinical research and implementing EBP interventions, programs, pathways • Leading or participating in projects relevant to the specialty • Policy and/or procedure development • Participation in quality improvement initiatives in a rea of specialty including review of critical incidents and clinical audits • Participation in performance review/appraisal

CPD and Registration

You may also want to use your EBR for your CPD requirements for registration. These should be read thoroughly as it also requires that you have taken identified your learning needs and that your CPD is relevant to this speciality and the requirements of Nursing and Midwifery Board of Australia.¹ Which is **20 hours of CPD per year.**

ACKNOWLEDGEMENTS - ACMHN 2015

¹ <http://www.nursingmidwiferyboard.gov.au/Codes-Guidelines-Statements/FAQ/CPD-FAQ-for-nurses-and-midwives.aspx>